

MIRA CHOUKEIR

JOYCE ABOU JAOUDE

BISSAN AHMAD

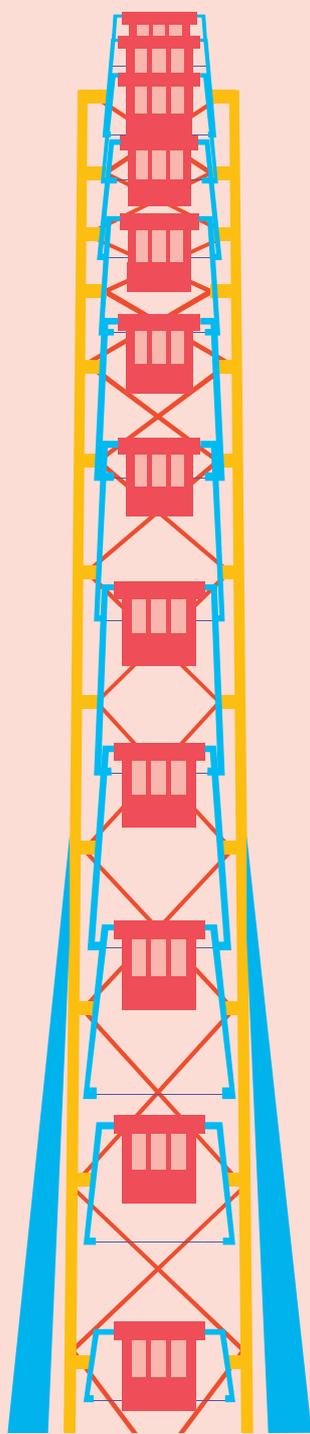
MELISSA DANO



ثلاثة سنتيمتر

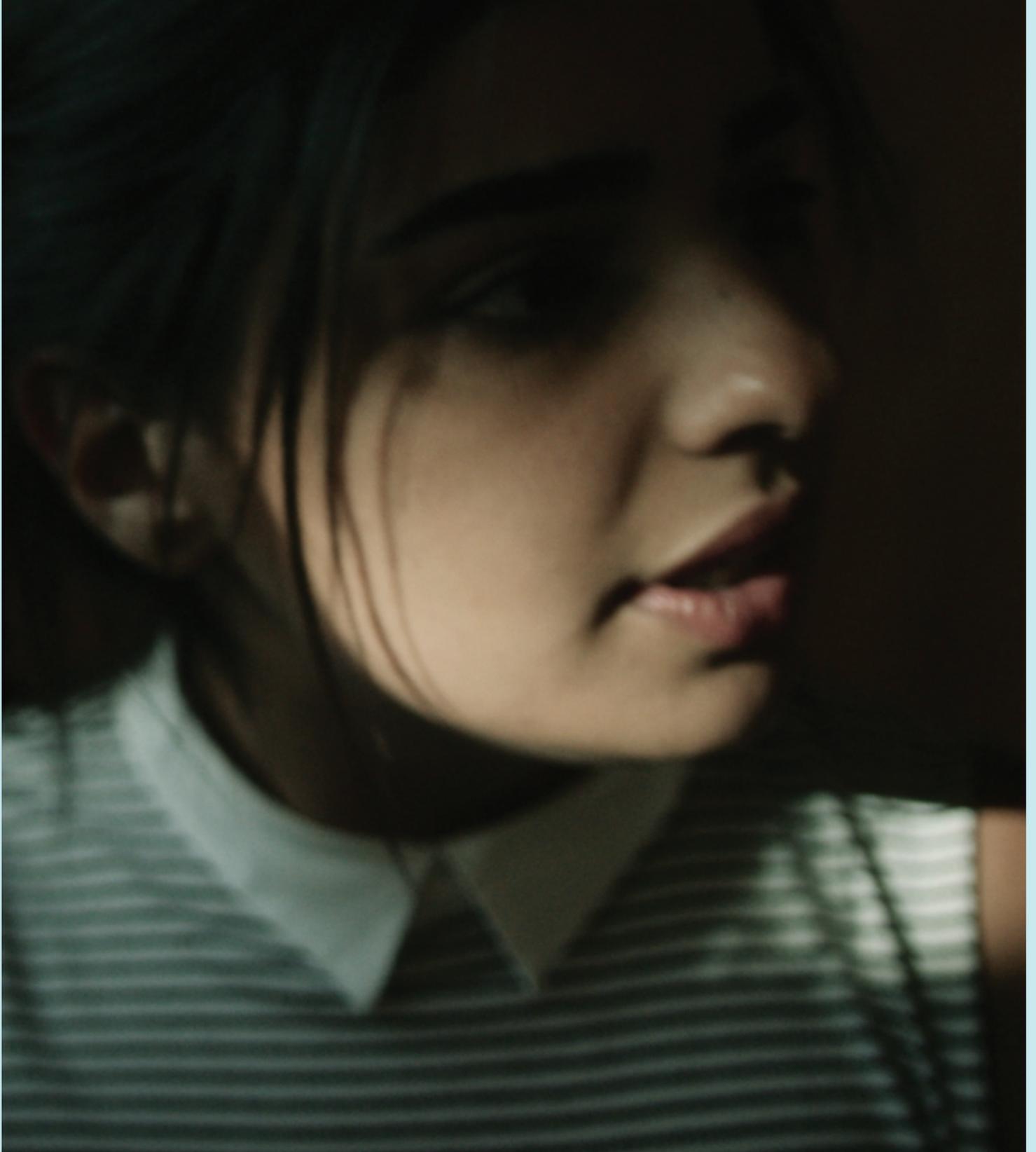
3 CENTIMETRES

WRITTEN & DIRECTED BY LARA ZEIDAN



THREE CENTIMETRES

Four Lebanese girls go on a Ferris wheel ride to make their friend feel better about her breakup. Their conversation drifts to a less fun place.



SYNOPSIS

In the oldest fun park of Beirut, four young female friends go on a Ferris Wheel ride. During this claustrophobic open-air journey, they touch on intimate subjects, from making best use of three centimetres to Joanna's recent breakup. However, Suzie's breakup advice leads to an unexpected confession.

Running Time 9 MINUTES

Shooting Format RED CODE RAW 6K

Screening Format DCP / PRO RES

Aspect Ratio 1:66:1

Audio 5.1 / STEREO

Original Language ARABIC

Country of Production UK / LEBANON

Production Company THE LONDON FILM SCHOOL



WINNER

TEDDY AWARD FOR BEST SHORT FILM

JURY STATEMENT

“ Lebanese female film director Lara Zeidan makes a sensitive and intimate portrait of four young female friends on a Ferris Wheel in Beirut. We share in their emotional ride of sexual understanding, as the conversation turns from a jovial discussion of virginity, to a nervous outing of homosexuality. As we listen, we realise these young women are only just beginning to explore the many layers of their own and others' identities. We are privy to a crucial life episode in which a queer individual must claim and defend her right to exist. Lara Zeidan captures this delicate moment in adolescence with subtle yet tender performances from her cast. ”

DIRECTOR'S NOTE



Beirut is a schizophrenic city, one in which I discovered not only my duality, but also my multiplicity. It fuels me with a desire to belong, to fit in, but although I've lived there for 18 years, I still feel half-native/half-alien. In Beirut, to remain yourself, but also a good friend, daughter, lover... I've found it unavoidable to lead a double life. Very odd, it seems at the same time extremely natural. I think of it as a city that breeds honest, genuine liars.

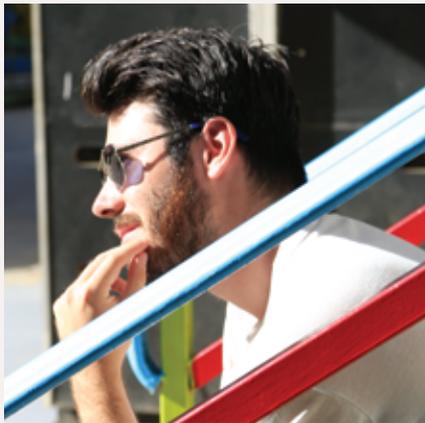
On a Ferris wheel with Beirut as its backdrop, "Three Centimetres" becomes in a way a true fiction. One in which you are a sexually active virgin, or a straight lesbian. Where even in the most intimate of conversations, four good friends do not really know each other. In a moment when one of the four girls unexpectedly opens up, chaos threatens the delicate construct of their friendship on this nauseously fun ride.



LARA ZEIDAN

WRITER/DIRECTOR

Lara Zeidan is a Lebanese/Canadian filmmaker. After completing a BA in Graphic Design at the American University of Beirut, she enrolled at the London Film School, MA in Filmmaking, where she developed her skills as a writer/director. Her graduation film 'Three Centimetres' premiered at the Berlinale 2018, where it won the Teddy Award for Best Short Film.



JOHN GIORDANO

PRODUCER

John Giordano is an English/Italian producer and director based in London. His short film AMIAS (2013) had a successful festival run after which he decided to join the MA Filmmaking course at the London Film School. He is now in preproduction for his feature length film Clorofilla.

PIERFRANCESCO CIOFFI

CINEMATOGRAPHER

Pierfrancesco Cioffi is an Italian cinematographer based in London. After working as a main stage photographer at the Ravello Festival in Italy, he moved to London, where he graduated with an MA in Filmmaking at The London Film School with distinction. In the past year, he has worked on over 15 films, in 10 different countries.



HIAM HILAL

CO-PRODUCER

Hiam Hilal is a Lebanese filmmaker and photographer based in Beirut. Having obtained both a Bachelor Degree in Musicology and in Audio-Visual Studies from the Lebanese University, she balances her degrees by teaching music and covering various events as a photographer and videographer between Lebanon and Qatar.



EMANUELE BONOMI

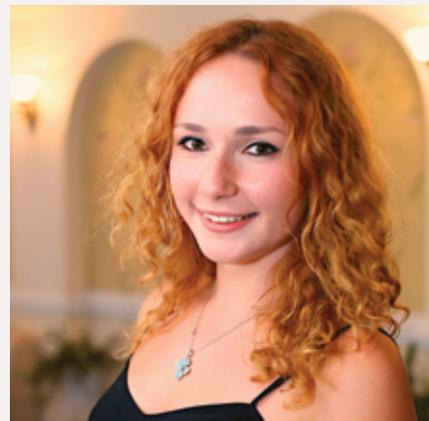
EDITOR/SOUND EDITOR

Emanuele Bonomi is an Italian editor based in London. With a Diploma in Film Editing from the NUCT Academy of Cinecittà in Rome, he has edited over thirty short films, music videos, documentaries, small commercials and montage/art concept work. He recently graduated with an MA in Filmmaking from the London Film School and is now the post-production for his short film “Croste Di Polenta”.

KATERYNA ZABULONSKA

SOUND RECORDIST

Kateryna Zabulonska is a Ukrainian film director and visual artist currently based in Kiev. Having worked on TV sets in Kiev from an early age, she decided to move to London where she graduated with an MA in Filmmaking from The London Film School. She had her first solo photography exhibition in Kiev last summer and is currently in post-production for her short film “Leave to Remain”.





CAST

Manal	MIRA CHOUKEIR
Suzie	JOYCE ABOU JAOUDE
Joanna	BISSAN AHMAD
Tamara	MELISSA DANO

CREW

Writer / Director	LARA ZEIDAN
Producer / First AD	JOHN GIORDANO
Cinematographer	PIERFRANCESCO CIOFFI
Editor/Sound Editor	EMANUELE BONOMI
Co-producer	HIAM HILAL
Sound Recordist	KATERYNA ZABULONSKA
Script Editors	CAROLE ISSA / HIAM HILAL
First AC	JOAN VICENTE I DURÀ
Second AC	ASHRAF MAHMOUD
DIT	JOSEPH RAI
Makeup Artist	MICHEL EL GHOUL
Makeup Assistant	ROUBA EL GHOUL
Production Assistant	CAROLE ISSA
Titles Designer	DHEERAJ MALHAN
Sound Designer & Mixer	JAMES HYNES
Colourist	PIERFRANCESCO CIOFFI
Cover Poster	KA KI WONG
Stills Photographer	MICHEL EL GHOUL



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Film Contact

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